



HAH.
DON'T
LET IT
HAPPEN
AGAIN.
WE CAN
BEAT
THE
CLASS.



AN XUEYIN AND LIANG YU HAVE
ALREADY REACHED THE 2ND HEAVENLY
LAYER BEILIN, AND YOU HAVE YET TO
EVEN REACH 1ST HEAVENLY BEILIN. NOW
WHAT I WILL TEACH YOU IS HOW TO
SENSE 'QI' IN YOUR DANTIAN FOR
THE FIRST TIME!



OVER
ALREADY?
HASTED BY
DO NOT
EVEN ASK
FOR
PROOF!!!



SET DOWN
ON THE FLOOR.
CLOSE YOUR EYES.
CLEAR YOUR MIND.
RELAX YOUR HANDS.



CONCENTRATE ON
THE DANTIAN.
CLOSE TO
YOUR NARIL.



WHEN YOU HAVE SUCCESSFULLY
SENSED 'QI' IN YOUR DANTIAN IT
SHOULD GIVE YOU SLIGHT HEAT.
WHEN THAT HAPPENS IT MEANS
YOU HAVE SUCCESSFULLY
PASSED THE THRESHOLD.





MASTER,
WAIT A MINUTE!



WHAT DO
YOU WANT
TO SAY
FOR
YOURSELF?



YOU'VE
FELT IT
ALREADY??

ENDING
CULTIVATED WITH
BLASTING
METHOD. AFTER
SEVERAL BREATHS
I IMMEDIATELY
FELT "OF" IN THE
ABDOMEN



WHEN YOU
CONCENTRATE
ON YOUR
DANTIAN, CAN
YOU SENSE THE
Faint TRACE
OF A BUDDING
HEAT WAVE,
THE SIZE OF A
NEEDLE?

THE
SIZE OF A
NEEDLE?

I SENSE HEAT IN THE DANTIAN, BUT IT'S AT LEAST THUMB SIZE, NOT NEEDLE SIZE.

I GUESS I DO

THEN THAT WAS IT.

THIS IS YOUR TALENT IS EXCELLENT. IF ALL GOES WELL, IN 10 DAYS YOU CAN REACH THE HEAVENLY LAYER REALM!

YOU WILL MOVE THE HEAT WAVE THROUGH THE LIFE GATE IN YOUR LOWER BACK, THEN ALONG THE SPINE THROUGH THE GOD GATE IN THE CROWN OF YOUR HEAD, THEN DOWN THE FRONT, BACK TO THE DANTIAN IN YOUR ABDOMEN. THE MORE YOU CIRCULATE YOUR 'GF' LIKE THIS, THE STRONGER IT WILL BECOME. WHEN YOU CAN DO 36 REVOLUTIONS IN ABOUT A QUARTER HOUR OR SO, THEN I WILL TEACH YOU THE NEXT STEP

YES, MASTER, I WILL CONTINUE TO WORK HARD.



100













THIS MANHUA TRANSLATION
PROVIDED COURTESY
OF THE GLORIOUS BASTARDS
AT **CASVAL-SUBS**;

CL/RD: RIDDEN
TL: MATSUNAGA
ED: CASVAL

ORIGINAL MANHUA:
AC.QQ.COM

IF YOU LIKE THIS WORK
SUPPORT THE CHINESE
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